

LOVE and MARRIED LIFE

by the noted author
Idah McGlone Gibson

KATHERINE TELEGRAPHED JOHN. The whole trouble with most of us modern women is that we do not take nature into consideration as we should.

Men do this unconsciously. They consider the material side of life first; we try to ignore it, and that is the reason why we never quite understand each other. With a man physical emotions come first, as perhaps they should, when a woman tries to put aside this material side and feel herself into thinking that her spirit or perhaps her mind is the greatest influence of her life.

We must be a trinity—men, women, and body. We must be soul, mind and body, well rounded. If we have too much soul we will always be very much hurt by the world's hard knocks. If we have too many material emotions we are apt to be unhappy unless someone is always flatteringly making ourselves all mind we lose the very joy of life which is the child-like enjoyment of little things.

Of course, I did not think all these things, while I was talking with Charles. At that time we were only living over our childhood pranks.

Only After He Had Gone.

It was only after he left me and I realized how far I had gone along the way from childhood's irresponsibility that the thoughts I have just written came into my mind. I knew that when my mind was in the ascendant I was not particularly happy if I were not physically comfortable and spiritually well fed. I realized that if my spirit was soaring in a rarified atmosphere I was not happy unless my material being was also well cared for. Physical comfort has a greater effect upon mind and the spirit than the mind and the spirit have upon physical comfort. Show me a person with a mind at ease and I will show you a human being that is also perfectly healthy.

I was very glad that I had gotten into this frame of mind and forgotten all about myself except in an important way. After Charles went I determined to have strawberry short-cake very often.

Now isn't that silly and childish? It is just another way of saying I was going to enjoy what came to me and

When Is a Political Boss Not a Political Boss? When She Is a White-Haired Grandmother

Mark Hanna, Hayes, Garfield, and McKinley Frequent Visitors in Mrs. Smith's Childhood.

OMAHA, Neb., June 22.—Doesn't look much like one's preconceived idea of a political boss, does she? This white-haired grandmother, with her delightful smile, her very feminine clothes and pretty grandchildren grouped around her?

Mrs. Draper Smith has a certain homely look that makes one think of reading lamps, piles of socks ready to darn and sugar cookies and story books for the little ones.

But the charming grandmother with the silver locks, while she has had her hours of sock darning and making sugar cookies, has some other important duties to perform.

She is the new Republican political boss of Douglas-co. (Omaha, Nebraska) successor to a whole line of more or less famous and infamous gentlemen who have for years held this stronghold against the enemy.

Reconstruction Memories.

Mrs. Smith was a child in reconstruction times and drank in the teachings of the Republican party in her childhood.

Her father was strong in his politics and her home in Liberty-co., Ohio, with no railroad nearby was a stopping place for famous Republican politicians of that day.

Mark Hanna was one of the frequent visitors as was also William McKinley, afterwards president. In fact the Hayes, Garfield and McKinley families lived within driving distance of Mrs. Smith's family and the latter were on intimate visiting terms with all these men who became presidents.

Proverbial Velvet Glove.

Mrs. Smith bosses with the proverbial velvet glove upon her hand, and she makes no secret of it.

When she arose to speak in the recent Republican county convention she never once said "The re-publican-candidate" which certainly proves she is an unusual type of boss.

Instead she talked about woman's opportunity to promote better laws for women and children, and expressed the idea that time was wasted candidates who were morally and politically clean and that they wouldn't vote for any other, all of which administered an awful shock to the old-time regular members of the party.

Mrs. Draper Smith held the reins of the G. O. P. county convention in her small well-shaped hand, and there she sat on the inside who doesn't acknowledge this fact, either with a



Mrs. Draper Smith, political boss of Douglas-co, Neb., with her grandchildren, Marguerite (standing), Susan (center) and Elizabeth.

Sister Mary's Kitchen

(Copyright, 1920, N. E. A.)

To make perfect iced tea one must be extravagant with ice. Unless great care is taken extravagance in glasses may also take place.

Make the tea just as for hot tea. A little stronger if the family really cares for tea as the ice weakens it. Fill glasses with cracked ice and pour over tea. Here is where the extravagance in glasses comes in, for if the hot tea touches the side of the glass it will crack. Pour the tea onto the ice and there will be no harm done.

Sugar will go further if made into a syrup. Sugar dissolves slowly in cold liquids and it takes a lot to make the tea sweet. In the syrup the sugar is dissolved and the tea is sweetened quickly.

Menu for Tomorrow.

Breakfast—Baked rhubarb with raisins, waffles, syrup, coffee.

Luncheon—Mock chicken salad, plain white bread and butter sandwiches, brown sugar, cookies, iced tea.

Dinner—Beef loaf, creamed potatoes, kale with hard-boiled eggs, radishes and onions, cherry pudding, coffee.

My Own Recipes.

If you only have two or three onions and half a dozen radishes and a few leaves of lettuce the effect will be better if a salad is made. Make a French

HEALTH

BY UNCLE SAM, M. D.

Health Questions Will Be Answered If Sent to Information Bureau, U. S. Public Health Service, Washington, D. C.

TUBERCULOSIS PATIENTS

One of the very big problems confronting the medical world today is hospital care for persons suffering with tuberculosis. Most of the hospitals in the United States, where general diseases are treated, will not accept sufferers with the white plague.

Many years ago physicians believed that tuberculosis was not only highly "catching," even among adults, but that it could not be successfully treated except in certain climates and in especially constructed institutions. As a result of this widespread theory, general hospitals adopted a closed-door policy against this very common disease. Persons who were not financially able to go long distances to private sanatoria, or who lived in communities which did not support tuberculosis camps, simply had to get along as best they could.

Today the sentiment regarding tuberculosis has undergone a change so far as most of the medical profession is concerned. A change of climate is no longer considered a necessity. On the contrary, it is believed the patient may be treated just as beneficially in the place where he lives as elsewhere, provided he has the right sort of medical care, suitable diet and proper facilities for getting fresh air treatment.

Just now the closed-door policy is working a hardship on discharged soldiers, who developed tuberculosis during service in the war. The number of these sufferers is now several thousand. With such tuberculosis hospitals as there are crowded to capacity with private patients, it is proving a most difficult matter to provide proper treatment for these men. Although the public health service is constructing and purchasing hospitals as rapidly as possible, it has been impossible to provide in so short a while a sufficient number of beds to care for applicants for treatment. The refusal of general hospitals to admit sufferers works a real hardship on these unfortunate as well as patients from the general public.

Tuberculosis is no longer regarded as so highly "catching" among adults. Physicians now know that under proper supervision there is little danger of its being communicated to another, particularly in a hospital where such supervision is possible. Indeed, the general hospitals now accept without question numerous diseases more dangerous to other patients. Among these

FOR LITTLE FOLKS

Tingaling Is Rescued

Down rushed the twins and Chirk Chipmunk to Chirk's cellar, where Tingaling, the fairyman handiwork, had fallen when the stairs gave way.

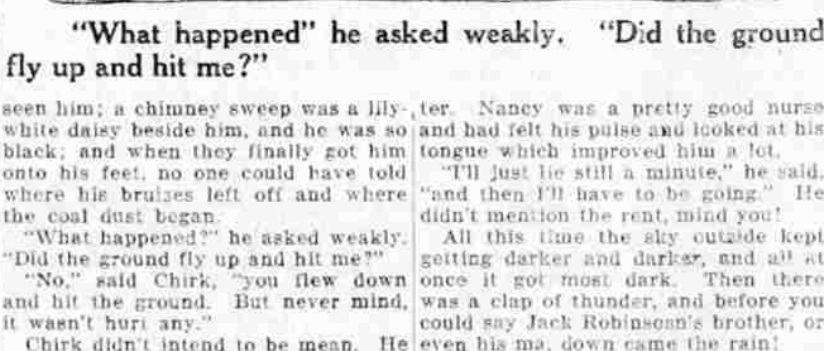
There he lay on the coal pile, too dazed to speak a word, and his bells bent flat. Why he wasn't killed no one will ever know it; it may have been because he was a fairy, and again it may have been because it was soft coal. But dirt! You should have

Just had to have his little poke. Well, they all got Tingaling to bed (up the back way) and made him comfortable. He wasn't hurt much, feeling something like you do when you skin your knee skating, only he felt that way all over and his breath was pretty well gone.

After while, in a little less than half an hour (I should say about forty-five minutes) Tingaling began to feel better.

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seen him; a chimney sweep was a lily-white daisy beside him, and he was so black; and when they finally got him onto his feet, no one could have told where his bruises left off and where the coal dust began.

"What happened?" he asked weakly. "Did the ground fly up and hit me?"

"No," said Chirk, "you flew down and hit the ground. But never mind, it wasn't hurt any."

Chirk didn't intend to be mean. He

may be mentioned influenza, pneumonia and typhoid fever.

Q. Four years ago my son was afflicted with "tuberculosis of the bone" in the left hip. After being bedridden for a year he recovered enough to get on his feet. At first I did not notice any difference in his walk, but later I noticed that his right leg began to slant outward. Could this be remedied?

A. Tuberculosis of the bone is often treated very successfully by modern orthopedic surgeons. In most cases prolonged immobilization and rest constitute the essentials of the treatment. Discuss the matter at once with your physician and have him refer you to some good orthopedic specialist, or take your child to some good orthopedic dispensary or hospital for treatment.

TODAY IN HISTORY SLIGHTLY JAZZED



troops ran into a gang of natives, who proceeded to prove that a man with an animus to battle can take on ten who are fighting purely out of force of habit.

EVENING GOWN DISTINGUISHES BUSTLE SASH



BY CORA MOORE.

New York's Fashion Authority.

NEW YORK, June 22.—The bustle may be old-fashioned, but the bustle sash is the very newest effect in evening wear. This model, which Frances Carson wears as William Collier's heroine in "The Hotentot," was designed for her by Premet. It is of hyacinthine taffeta, with a rising hem-line that discloses an accordion-plaited underskirt at the side-back.

Embroidery is also a feature of this dainty creation. Morning-glories are worked in heavy raised stitching, the color of the flowers symbolic of the rising sun. Silver threads and beads are used for stems. The shoulder bands are of beads and silver ribbon.

Early Romans, who attained great strength by rugged living, were forced to pass untidy laws to limit expenditures for dress and food.

A FRIEND RECOMMENDED THEM.

A person often does more good than he realizes when he tells a suffering friend how to get well. J. N. Tohill, clerk Lottin hotel, Evansville, Ind., writes: "For weeks I suffered constantly with pains in the muscles of my thigh. I was treated by the doctor for rheumatism but found no relief. Upon recommendation of a friend, I tried Foley Kidney Pills and began to get relief almost immediately. Good for backache, rheumatic pains, stiff joints. A. R. McIntyre Drug Co.—Advertisement."



JUST JOKING

HIGH COST OF LABOR.

Customer—What? Two thousand marks for the frame? That is dearer than the picture.

Art Dealer—Yes, but the frame was made by a trade union workman and the picture was painted by a mere artist—Jugend, Munich.

EASIER TO SEDUCE.

"Any old-fashioned horse thieves around Crimson Gulch?" asked the visitor in quest of adventure.

"No," replied Cactus Joe. "The horse thieves have all gone east and took to steal automobiles, which is less risky and more remunerative."—Washington Star.

THE CHAUFFEUR'S VIEWPOINT.

"So you find pedestrians very careless?"

"They're the limit. The last fellow I ran over ruined one of my tires. He must have been carrying a package of tacks in his pocket."—Browning's Magazine.

"DANDERINE"

Stops Hair Coming Out; Doubles Its Beauty.



A few cents buys "Danderine." After an application of "Danderine" you can not find a fallen hair or any dandruff, besides every hair shows new life, vigor, brightness, more color and thickness.

BACK ACHE
Lighten the burden by relieving pain and suffering of strained muscles

BAUME
ANALGESIQUE
BENGUE

(Remedy for Rheumatism)
Thos. Leeming & Co., N. Y.

Help Your Digestion
When acid-distressed, relieve the indigestion with

KI-MOIDS

Dissolve easily on tongue—As pleasant to take as candy. Keep your stomach sweet, try Ki-moids

MADE BY SCOTT & BOWNE
MAKERS OF SCOTT'S EMULSION

ASPIRIN

Name "Bayer" on Genuine

"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over 29 years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds and Pain. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is a trade mark Bayer Manufacture Monoceticacidester of Salicylicacid.

LIFT OFF CORNS
WITH FINGERS

Doesn't hurt a bit and costs only few cents



SAY "DIAMOND DYES"

Don't streak or ruin your material in a poor dye. Insist on "Diamond Dyes." Easy directions in every package.

GIRLS! MAKE A LEMON BLEACH

Lemons Whiten and Double Beauty of the Skin

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White which can be had at any drug store, shake well and you have a quart of pint of harmless and delightful lemon bleach for few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day, then shortly note the beauty of your skin.

Famous stage beauties use lemon juice to bleach and bring that soft, clear, rosy-white complexion. Lemons have always been used as a freckle, sunburn and tan remover. Make this up and try it. Advertisement.

MOTHER!

"California Syrup of Figs" Child's Best Laxative



IT'S EASY TO
PUT ON FLESH

All you have to do if you are too thin and want to put on several pounds of gold "stay-there" flesh is to take a five-grain tablet of Blood-Iron Phosphate with each meal. This builds up the nervous system, enriches the blood and thus enables the vital organs to assimilate the flesh building, strength-making elements of your food which now largely go to waste. Folks who have tried it state they not only put on flesh but that it also almost invariably increases their strength, energy and endurance. You can get enough Blood-Iron tablets for a three weeks' treatment of A. R. McIntyre Drug Co. or any other druggist for only \$1.50 and it's so uniformly successful that your druggist, a man you know, is authorized to refund your money if you don't like it. Better get a package today and begin to get stronger and healthier, as well as better looking.—Advertisement.

Ladies! Use Buttermilk to Beautify Complexions

This Delightful New Vanishing Cream Containing True Buttermilk is Guaranteed to Make You Look Younger of Money Back.

Get a small quantity at any pharmacy by simply asking for "Howard's Buttermilk Cream" and massage it daily into the face, neck, arms and hands. The directions are simple and it costs so little that any girl or woman can afford it. Your complexion must quickly show a decided improvement or your dealer is authorized to return your money without question should you be dissatisfied.

Many women who are troubled with wrinkles, hard little lines around the mouth and eyes, coarse, sallow, faded looking skin, or simply touched and tiredness caused by wind and sun, will find that all these traits quickly disappear with the use of this old-fashioned beauty recipe brought up to date.

Howard's Buttermilk Cream is only sold on a five-grain guarantee of satisfaction or money back. W. H. Wright & Sons Co. can supply you. Howard Bros. Chemical Co., Buffalo, N. Y.—Advertisement.

